We welcome family members to join the monthly online support meetings of the Beading Hearts Groups Facilitated by Family Service League

Brothers and sisters who lost their siblings to overdose or addiction.  
1st Wednesday of every month at 6:30 pm  
Facilitated by Sara Kucker, LMSW, M.Ed.

Parents who found their child following an overdose.  
2nd Thursday of every month at 7:00 pm  
Facilitated by Alicia Fuggetta, LMSW

Parents who lost an only child to overdose or addiction.  
4th Tuesday of every month at 7:00 pm  
Facilitated by Robyn Berger-Gaston, LCSW-R

Parents who lost more than one child to overdose or addiction.  
4th Thursday of every month at 7:00 pm  
Facilitated by Alicia Fuggetta, LMSW

There are 3 ways you can join the Zoom meeting!  
https://securetelehealth.zoom.us/j/6760451462  
Go to Zoom.com and join meeting using the code 6760451462  
Dial 1-646-876-9923 with Meeting ID: 6760451462

For information contact:  
Robyn Berger-Gaston, LCSW-R at 631-591-7580 or rberger-gaston@fsl-li.org  
There is no fee to attend.  
These vital support programs are funded by the LOOK UP for ADAM Foundation

Do you have thoughts of hurting yourself?  
Are you feeling overwhelmed?  
Are you facing a mental health crisis or dealing with the challenges of an addiction?  
You are not alone. The DASH Crisis Stabilization Center is open 24-hours a day and staffed with compassionate healthcare professionals who want to help Suffolk County's children and adults who are struggling to cope.

Call 631-952-3333 today to find the help you need.  
DASH Crisis Stabilization Center
Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of addiction abuse, crisis care, early education, and senior services. Every year, it touches the lives of more than 50,000 Long Island children and families. In this social climate it is important to reiterate its founding values - FSL rejects racism, prejudice, and intolerance on every level. Society is meant for all people to have equal and equitable access to quality health care, education, food, justice, and security, along with many other necessities. All of these are basic and essential rights - for everyone - and that will always be our guiding principle. Today, and every day in communities across Long Island, FSL is Restoring Hope and Rebuilding Lives!