



Willing Hearts, Helpful Hands Program of Parker Jewish Institute for Health Care and Rehabilitation

Care Consultations with our trained professional staff are available to provide a range of consultation services to help you and the members of your family cope with this coronavirus pandemic. We can help link you to community resources, give you information about your loved ones condition, and refer you to other services that you may need. Consultations can be done over the phone or virtually with one of our trained social workers. [Learn more](#)

Caregiver Telephone Support Groups, are offered twice each weekday, and one on Saturdays. The telephone support groups offer a safe haven for caregivers to share their feelings, talk through issues, develop coping strategies, and learn about community resources. Support groups link caregivers, family and friends of individuals with Alzheimer's disease and other dementias with other caregivers to provide information and support. [Learn More About Our Support Groups](#)

During these changing times, caregivers find that they may not know how to respond to changes in their loved one's physical ability, communication, behavior and cognition that are the result of Alzheimer's disease. Our **on-line Education Programs** give caregivers an understanding about their loved one's disease and offer helpful tips and strategies to make their difficult job as a caregiver a little bit easier.

Respite, especially during these times is important. Finding someone to help care for your loved one can help ensure that his or her needs are met. Parker can provide eligible caregivers with a scholarship to subsidize the cost of professional care in the home, during the day, evenings or overnight. This service provides short-term, temporary care that gives the caregiver the opportunity for relief from the demands of care, making their lives more fulfilling. [Learn more about scholarships](#)

Volunteer Companions typically provide friendly visits in the home of our families caring for someone with dementia, allowing them time to meet their own needs and obligations. However, during the coronavirus pandemic, our volunteers are providing telephone reassurance to our family caregivers. Our trained volunteers call and speak with caregivers and their loved one's to check in and have friendly conversations. [Learn more](#)

Social Enrichment Programs, like our 'Virtual' Memory cafés, bring music and enjoyment into your home through a live-stream. It's one way people with memory loss and their loved one's are coming together for some live entertainment. Families can request their favorite songs and sing along in the comfort of their home. The purpose is to enjoy each other's company and create new memories.

The Willing Hearts, Helpful Hands Program, a free community service of the Parker Jewish Institute, provides free assistance to caregivers of individuals with Alzheimer's disease and other dementias living in Nassau and Suffolk Counties. We are excited to be offering this program because we know that many family caregivers are at the breaking point and need support to carry on. Whether you are a friend or a family member, caring for an older adult can be a challenge. The Willing Hearts, Helpful Hands program is dedicated to easing the many burdens associated with being a caregiver of an older adult with Alzheimer's disease or other dementia. [If you are a caregiver who could use some 'helpful hands' simply complete the Caregiver Application or to request assistance call the Caregiver HelpLine at \(516\) 586-1507 to learn more.](#)

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This initiative is supported by a grant from the New York State Department of Health.